



INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

WEEK
1

MONDAY 2 JUNE	TUESDAY 3 JUNE	WEDNESDAY 4 JUNE	THURSDAY 5 JUNE	FRIDAY 6 JUNE
Oven Baked Pork and Beef Sausages with Onion Gravy (1, 14)	BBQ Chicken with Rice	Roast Turkey with Stuffing and Gravy (1)	Very Mild Beef Chilli with Rice and Nachos	Breaded Fish (1, 4)
Oven Baked Vegetarian Sausage with Onion Gravy (1) VEGAN	Mac n' Cheese (1, 9, 11)	Tomato pasta (1)	Pesto pasta (1)	Quorn Dippers (1, 8) VEGAN
Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Mashed Potatoes, Garden Peas and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Green Beans	Sweetcorn and Salad Bar	Chips, Baked Beans and Salad Bar
Apple and Berry Crumble with Cream (1, 7, 9)	Vanilla Shortbread (1)	Fruit cake (1, 7)	Tutti Frutti Thursday	Orange Oaty Cookie (1)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



FRESHUKBEEF



FRESHUKPORK



FREE RANGE EGGS



LOCAL FRUIT & VEG



WHOLEMEAL PASTA

GODINTON PRIMARY

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MONDAY 9 JUNE	TUESDAY 10 JUNE	WEDNESDAY 11 JUNE	THURSDAY 12 JUNE	FRIDAY 13 JUNE
Beef Bolognaise Pasta Bake and Garlic Bread (1, 8, 9)	'Katsu' Chicken Nuggets (Sauce on the side) (1, 8, 10)	Slow Roast Beef with a Yorkshire Pudding and Gravy (1, 7, 9)	Chinese Style Chicken with Rice (1, 8)	Fishfingers (1, 4)
Sweet and Sour with Stir Fried Vegetables with Rice Noodles (8) VEGAN	Katsu' Quorn Dippers (Sauce on the side) (1, 8) VEGAN	Pesto pasta (1) VEGAN	Mac n' Cheese (1, 9, 11)	Homemade BBQ Carrot and Chickpea Burger (1,13) VEGAN
Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Sweetcorn and Salad Bar	Savoury Rice with Garden Peas and Salad Bar	Roast Potatoes, Roast Carrots and Cabbage	Broccoli and Salad Bar	Chips, Baked Beans and Salad Bar
Krispie cake (1)	Mixed Berry Cheesecake (1, 8, 9)	Iced Lemon Drizzle Cake (1, 7)	Tutti Frutti Thursday	Marble Cookie (1)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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4 FISH

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12 LUPIN

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14 SULPHUR DIOXIDE

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FREE RANGE EGGS



LOCAL FRUIT & VEG



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MONDAY 16 JUNE	TUESDAY 17 JUNE	WEDNESDAY 18 JUNE	THURSDAY 19 JUNE	FRIDAY 20 JUNE
Fajita Chicken with Wraps (1, 11)	Homemade BBQ Chicken Pizza (1, 8, 9)	SPORTS DAY	 <p>Mercury Meteor Meatballs in Tomato Sauce served with Penne Pasta (1) Venus Vegetable and Bean Pasta Earthly Broccoli Trees and Corn Moons Jupiter Jacket Potato with Baked Beans, Cheese or Tuna Saturn Salad Bar and Fresh Bread Uranus Iced Lollies Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)</p>	Breaded Fish (1, 4)
Tomato and Basil Pasta (1)	Cheese and Tomato Pizza (1, 9)	SCHOOL PACKED LUNCHES		Cheese and Onion Turnover (1, 9)
Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	ROLL (CHEESE OR HAM) VEGGIE STICKS PUDDING		Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day			Jacket Potato with Topping of the Day
Savoury Rice, Sweetcorn and Salad Bar	Herbie Potatoes, Baked Beans and Salad Bar			Chips, Garden Peas and Salad Bar
Raisin Flapjack (1)	Tutti Frutti Tuesday			Chocolate Brownie (1, 7)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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LOCAL FRUIT & VEG



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MONDAY 23 JUNE	TUESDAY 24 JUNE	WEDNESDAY 25 JUNE	THURSDAY 26 JUNE	FRIDAY 27 JUNE
Oven Baked Pork and Beef Sausages with Gravy (1, 14)	Beef Lasagne With Garlic Bread (1, 7, 8, 9, 11)	Roast Turkey with Stuffing and Gravy (1)	Sticky Sweet Chicken with Rice	Fishfingers (1, 4)
Oven Baked Vegetarian Sausage with Onion Gravy (1) VEGAN	Chickpea and Mixed Bean with Savoury Rice VEGAN	Tomato pasta (1)	Mac 'n' Cheese (1, 9, 11)	Mixed Vegetable Quiche (1, 7, 9)
Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Potato Wedges, Sweetcorn, and Salad Bar	Fresh Broccoli And Salad Bar	Roast Potatoes, Carrots, and Green Beans	Garden Peas and Salad Bar	Chips, Baked Beans and Salad Bar
Lemon Shortbread With Fruit Wedges (1)	Chocolate Cake (1, 7)	Mixed Berry and Apple Crumble with cream (1, 9)	Tutti Frutti Thursday	Oaty Cherry Cookie (1, 14)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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MONDAY 30 JUNE	TUESDAY 1 JULY	WEDNESDAY 2 JULY	THURSDAY 3 JULY	FRIDAY 4 JULY
Mild Chicken Rogan Josh with Rice (1)	Homemade Sausage Roll with Potato Wedges (1, 14)	Slow Roast Beef and Yorkshire Pudding with Gravy (1, 7, 9)	Tomato and Chicken Pasta Bake (1, 9)	Breaded Fish (1, 4)
Mac n' Cheese (1, 9, 11)	Veggie Quorn Nuggets with Potato Wedges (1) VEGAN	Summer Vegetable Pasta (1) VEGAN	Homemade Margarita Pizza with Cubed Potatoes (1, 8, 9)	Pesto pasta (1) VEGAN
Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Sweetcorn and Salad Bar	Baked Beans and Salad Bar	Roast Potatoes, Fresh Carrots and Green Beans	Fresh Broccoli and Salad Bar	Chips, Garden Peas and Salad Bar
Kentish Apple Sponge Cake (1, 7)	Berry Mousse with Biscuit Crumb (1, 9)	Toffee cake (1, 7,14)	Tutti Frutti Thursday	Orange Drizzle Cupcakes (1, 7)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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FREE RANGE EGGS



LOCAL FRUIT & VEG

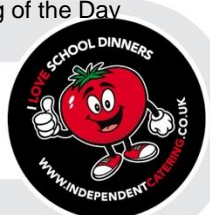


WHOLEMEAL PASTA

GODINTON PRIMARY

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MONDAY 7 JULY	TUESDAY 8 JULY	WEDNESDAY 9 JULY	THURSDAY 10 JULY	FRIDAY 11 JULY
Chicken Pie with New Potatoes (1)	Beef Spaghetti Bolognaise and Herby Bread (1, 8)	Gammon and Pineapple with Gravy	WIMBLEDON DAY  Hot Dog with Mini Potato Puffs (1, 13, 14) Vegetable Hot Dog with Mini Potato Puffs (1, 13) VEGAN Jacket Potato with Topping of the Day Baked Beans and Salad Bar Wonky Strawberry Mousse (9) Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Fishfingers (1, 4)
Tomato pasta (1) VEGAN	Homemade Spring Roll with Savoury Rice (1, 8) VEGAN	Cheddar and Red Onion Quiche (1, 7, 9)		Pesto Roast Vegetables in a Half Pitta Bread (1) VEGAN
Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)		Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day		Jacket Potato with Topping of the Day
Sweetcorn and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Cabbage and Glazed Carrots		Chips, Garden Peas and Salad Bar
Pear and Apple Crumble and Cream (1, 9)	Tutti Frutti Tuesday	Marble Cake (1, 7)		Iced Carrot Cupcakes (1, 7, 9)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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MONDAY 14 JULY	TUESDAY 15 JULY	WEDNESDAY 16 JULY	THURSDAY 17 JULY	FRIDAY 18 JULY
Beef Burger in a Bun with Ketchup on the Side (1, 8, 13)	Chicken Noodles with Prawn Crackers (1, 2, 7, 8)	Roast Turkey with Stuffing and Gravy (1)	Beef Burrito with Cheese and Rice (1, 9)	Breaded Fish (1, 4)
Veggie Burger in a Bun (1, 13) VEGAN	Mac n' Cheese (1, 9, 11)	Cauliflower and Broccoli Stuffed Yorkshire Pudding (1, 7, 9, 11)	Fresh Pesto and Pea Pasta Bows (1)	Homemade Vegetable Pasty (1) VEGAN
Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)	Cheese Baguette (1, 9, 13) Ham Baguette (1,13) Tuna Baguette (1, 4, 13)
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Potato Wedges, Baked Beans 'Build a Burger Salad Bar'	Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Green Beans	Sweetcorn and Salad Bar	Chips, Garden Peas and Salad Bar
Wonky Berry Flapjack (1)	Wonky Berry Eton Mess (7, 9)	Wonky Berry cake (1, 7)	Very Berry Fruity Thursday	Wonky Strawberry Jelly with Shortbread (1)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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MONDAY 21 JULY	TUESDAY 22 JULY	WEDNESDAY 23 JULY	THURSDAY 24 JULY	FRIDAY 25 JULY
Chicken Nuggets (1, 10)	Oven Baked Pork and Beef Sausages with Onion Gravy (1, 14)	Beef Bolognese Pasta Bake and Garlic Bread (1, 8, 9)	<p>Have a lovely summer holiday and see you again soon!</p>	
Quorn Dippers (1)	Vegetable Hot Dog in a Roll (1, 13)	Sweet and Sour with Stir Fried Vegetables and Rice (8)		
Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)	Cheese Wrap (1, 9) Ham wrap (1) Tuna Wrap (1, 4)		
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day		
Chips, Baked Beans Salad Bar	Cubed, Garden Peas and Salad Bar	Sweetcorn and Salad Bar		
Chocolate cake (1, 7)	Tutti Frutti Tuesday	Chef's Delights		

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE AND BISCUITS (1, 9) • FRESH SALAD BAR

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