



Our Physical Education Adventure



Long Term Overview

Year/Term	1	2	3	4	5	6	
Year R Overview	Throughout the school year, children are provided with daily opportunities to develop their gross motor skills through provision-based learning, both inside and outside the classroom. Structured PE lessons commence in Term 3.						
Year R PE lessons	Structured PE lessons to begin in Term 3		Introduction to formal PE (simple games and moving to music)	Dance	Games	Gym	
Year 1 Outdoor	Multi-skills		Striking and fielding games		Net games	Net games	
Year 1 Indoor	Gym	Dance	Gym	Dance	Gym	Athletics	
Year 2 Outdoor	Striking and fielding		Net games	Invasion games	Invasion games	Athletics	
Year 2 Indoor	Gym	Dance	Gym	Dance	OAA		
Year 3 Outdoor	Tennis	Hockey	Hockey	Rapid Fire Cricket		High 5	Athletics
Year 3 Indoor	Gym	Sports hall Athletics	Swimming		Dance		
Year 4 Outdoor	Basketball	Rugby	Tennis	Rugby	Rounders		Athletics
Year 4 Indoor	Gym	Sports hall Athletics	Boccia	Dance	OAA		

Year 5 Outdoor	Volleyball	Hockey	Hockey	Kwik Cricket		High 5	Athletics
Year 5 Indoor	Dodgeball	Sports hall Athletics	Dance	Gym	OAA		
Year 6 Outdoor	Basketball	Football	OAA	Tennis	Rounders		Athletics
Year 6 Indoor	Stretch & Flex/ Gym	Sports hall Athletics	Gym	Dance	Badminton		