



## Our Guiding Stars Curriculum

### RE and PSHE: The Leading Light Subjects for ‘Self Confidence’



- We feel safe to express our own ideas thoughts and opinions in response to different questions and scenarios.
- We respect the views of others and feel safe to ask questions in order to find out more.
- We appreciate that everyone is different unique and special and enjoy investigating these differences.
- We appreciate the diversity of our community and wider society.
- We know what makes us unique healthy and happy.
- We identify what helps to boost our own confidence and that of others as well as the barriers to our confidence.

<b>EYFS</b>	<p>We explore which people, stories, places and times are special and why.</p> <p>We look at where we belong and how belonging can make us feel.</p> <p>We are becoming confident to explore our ideas and express how we are feeling.</p> <p>We are starting to be confident to recognise and demonstrate kindness to others.</p>
<b>Year 1</b>	<p>We look at why and how people celebrate sacred times and start to express our own thoughts about these.</p> <p>We explore the special beliefs that Christians have.</p> <p>We have the confidence to recognise our qualities as a person and as a friend.</p> <p>We are starting to become confident to set goals for ourselves and tackle new challenges.</p>
<b>Year 2</b>	<p>We explore what Jewish and Muslim people believe and have the confidence to ask questions about another religion.</p> <p>We learn about how we should care for others in the world and why it matters, having the confidence to express our own ideas.</p> <p>We show increased confidence when recognising our own strengths and setting ourselves realistic and achievable goals.</p> <p>We can identify things that may cause conflict with our friends and demonstrate the confidence to use positive problem solving techniques to resolve them.</p>
<b>Year 3</b>	<p>We discover why festivals are important in different religions and are confident to continue to ask questions to further our understanding.</p> <p>We look at what other people believe about God and confidently suggest meanings from sacred stories.</p> <p>We understand how our needs and rights are shared by children around the world.</p> <p>We are confident when taking on a specific role in a team to achieve a shared goal.</p>
<b>Year 4</b>	<p>We discover why people think that life is a journey and confidently discuss our own life journeys and future goals.</p> <p>We explore what we can learn from religions about deciding what is right and wrong.</p> <p>We build our self-confidence and resilience by setting goals in the face of disappointment.</p> <p>We respect the unique features of my own physical appearance.</p>
<b>Year 5</b>	<p>We explore why some people believe God exists, confidently sharing our own ideas as well respecting those of others.</p> <p>We reflect on what forms of guidance pupils turn to when in need.</p> <p>We can explain ways in which difference can be a source of conflict and a cause for celebration, confidently expressing our views in front of others.</p> <p>We are confident to discuss our rights and explore empathy for people whose lives are different from our own.</p>
<b>Year 6</b>	<p>We discover how religions approach difficulties in life, allowing us to confidently discuss our own ideas and concerns.</p> <p>We identify the values found in stories and texts and give examples of similarities and differences between religions.</p> <p>We understand how democracy and having a voice benefits the whole community.</p> <p>We confidently work with other people to help make the world a better place through charity fund raising for a specific cause.</p>