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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

WTCA.										
	MONDAY 30 AUGUST	TUESDAY 31 AUG	UST	WEDNESDAY 1 SEPTEN	IBER	THURSDAY 2 SEPTEMBER	R FRIDAY 3 SEPTEMBER			
)		-		Mild Chilli Beef with Rice and Nachos (10)	ı	Chicken Lasagne (1, 9, 11)	Gluten Free Breaded Fish (4)			
	-	-		Veggie Cannelloni Ba (1, 9, 11)	ake	Spinach, Sweet Potato an Lentil Curry with Rice				
	HOLIDAY	HOLIDAY		Chunky Tomato Past (1)	а	Macaroni Cheese (1, 9, 11)	Salmon and Dill Pasta (1, 4, 9)			
)	-	-		Filled Baked Jacket Po Please see our blackboa choice of toppings	ard for	Filled Baked Jacket Potat Please see our blackboard choice of toppings				
)	-	-		Fresh Broccoli and Roasted Butternut Squash		Fresh Carrots and Garden Peas	Chips, Baked Beans and Mushy Peas			
	-	-		Apple and Peach Crumble with Custard (1, 7, 8, 9)		Wonky Strawberry Day	, Oatie and Raisin Cookie (1, 14)			
AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS										
				ALLERGEN KEY						
	1 CEREALS CONTAINING GLUTE 2 CRUSTACEANS	N 3 MOLLUSCS 4 FISH	5 PEANUT 6 NUTS	TS 7 EGGS 8 SOYBEANS	9 MILK 10 CELE		13 SESAME 14 SULPHUR DIOXIDE			
	2 CRUSTACEANS 4 FISH 6 NUTS 8 SOYBEANS 10 CELERY 12 LUPIN 14 SULPHUR DIOXIDE *ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING									

WE ONLY USE

8

FRESHUKMEAT

FREERANGEEGGS

MSCEISH

8

ORGANICMILK

LOCALFRUIT&VEG WHOLEMEALPASTA



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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 6 SEPTEMBER	TUESDAY 7 SEPTEM	BER	WEDNESDAY 8 SEPTEN	IBER	THURSDAY 9 SEPTEMBER	R FRIDAY 10 SEPTEMBER		
0	Spaghetti Bolognaise and Garlic Bread (1, 8)	100% Cod Fishfing (1, 4)	ers	Roast Chicken		Swedish Style Sausage Meatballs with Mashed Potato (1, 8)	Beefburger in a Bun (1, 10, 11, 14)		
0	Sweet Potato and Chickpea Patty Wrap with Cubed Potatoes (1)	Mixed Bean Chil	li	Cheese and Tomato Pin (1, 9)	wheel	Vegetable Cottage Pie	Chickpea and Coriander Burger in a Bun (1)		
0	Fresh Pesto Pasta (1)	Tomato and Basil Pa (1)	asta	Roasted Vegetable Pa (1)	asta	3 Cheese Pasta Bake (1, 9, 11)	Veggie Cannelloni (1, 9, 11)		
0	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings				Filled Baked Jacket Potat Please see our blackboard choice of toppings		r	
0	Fresh Broccoli and Sweetcorn	Potato Wedges Fruity Slaw (7) an Baked Beans		Roast Potatoes, Fresh C and Green Beans		Roasted Butternut Squas and Garden Peas	sh Chips, Braised Onions and BBQ Beans		
0	Raspberry Mousse with Fruit Wedges (9)	Chocolate Orange Sp with Custard (1, 7, 8, 9)	oonge	Banana Loaf with Custard (1, 7, 8, 9)		Tutti Fruitti Thursday	Fruity Flap Jack (1, 14)		
	AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS								
	1 CEREALS CONTAINING GLUTE		5 PEANU		9 MILK		13 SESAME		
	2 CRUSTACEANS	4 FISH *ALL OUR	6 NUTS	8 SOYBEANS ARE TREE NUT AND PE	10 CELER	-	14 SULPHUR DIOXIDE		
INCRED									

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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 13 SEPTEMBER	TUESDAY 14 SEPTEMBER	WEDNESDAY 15 SEPTEMBER	THURSDAY 16 SEPTEMBER	FRIDAY 17 SEPTEMBER				
MAIN	MERNANDENCEALE OF SECALEMENTING	Beef Lasagne with Garlic Bread (1, 9, 11)	Roast Gammon with Pineapple	Hoisin Chicken Noodles with Prawn Crackers (1, 4, 7, 8)	Gluten Free Breaded Fish (4)				
VEGGIE	monday 13 september	Vegetable and Rice Enchiladas (1)	Summer Vegetable Slice (1 ,10)	Mixed Vegetable Moussaka (1, 9, 10)	Cheese and Tomato Baked Pitta (1, 9)				
PASTA		Roasted Pepper Pasta (1)	Vegetable Bolognaise Pasta (1)	Mac n' Cheese (1, 9, 11)	Arrabbiata Pasta (1)				
POTATO	The Witches BBQ Chicken with Savoury Rice (14) The BFG Veggie Burger (1, 7, 8)	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings				
SIDES	The Twits Fusilli Tomato Pasta (1) The Enormous Crocodile Jacket Potato	Chef's Salad and Garden Peas	Roast Potatoes, Fresh Broccoli and Cauliflower	Stir Fry Vegetables and Sweetcorn	Chips, Baked Beans and Mushy Peas				
D	Charlie and the Chocolate Muffin (1, 7)	Blueberry Cheese Cake (1, 9)	Apple and Raisin Sponge with Custard (1, 7, 8, 9, 14)	Wonky Strawberry Day	Raspberry Ripple Cupcake (1, 7)				
AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS ALLERGEN KEY									

ALLERGEN KET								
1 CEREALS CONTAINING GLUTEN 2 CRUSTACEANS	3 MOLLUSCS 4 FISH	5 PEANUTS 6 NUTS	7 EGGS 8 SOYBEANS	9 MILK 10 CELERY	11 MUSTARD 12 LUPIN	13 SESAME 14 SULPHUR DIOXIDE		
*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE								
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8

FRESHUKMEAT

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MSCFISH

FREERANGEEGGS



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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE



W.WOEDENTCH	DOE TO CORRENT SUFFET RISKS, ALLERGENS MAT DE SUBSECT TO CHANGE									
SPEND	MONDAY 20 SEPTEMBER	TUESDAY 21 SEPTEMBER	WEDNESDAY 22 SEPTEMBER	THURSDAY 23 SEPTEMBER	FRIDAY 24 SEPTEMBER					
0	Chicken Fajitas with Rice (1)	Shepherd's Pie	Roast Chicken	Sizzling Hot Dog in a Roll (1, 8)	100% Cod Fishfingers (1, 4)					
0	Vegetable Pad Thai (1, 7, 8)	Cheese and Tomato Pizza (1, 8, 9)	Butternut Squash and Sweet Potato Crumble (1)	Veggie Hot Dog in a Roll (1, 14)	Cheese and Onion Pasty (1, 9)					
0	Chunky Tomato Pasta (1)	Pesto Pasta (1)	Summer Vegetable Pasta (1)	Mac n' Cheese (1, 9, 11)	Salmon and Pea Pasta (1, 4, 9, 11)					
0	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings					
0	Fresh Carrots and Green Beans	Chef's Salad and BBQ Beans	Roast Potatoes, Green Cabbage and Carrots	Potato Wedges, Braised Onions, Corn Wheels and Tomato Relish	Chips, Baked Beans and Mushy Peas					
0	Pineapple Upside Down Cake with Custard (1, 7, 8, 9)		Sticky Toffee Pudding with Custard (1, 7, 8, 9, 14)	Ice Cream with Chocolate Brownie Finger (1, 7, 9)	Strawberry Cupcake (1, 7)					
	AVAIL	ABLE DAILY - HOMEMADE FLAVO	DURED BREADS • FRUITY YOGHURT	CHEESE AND BISCUITS						
			ALLERGEN KEY							
	1 CEREALS CONTAINING GLUTEN	3 MOLLUSCS 5 PEAN	IUTS 7 EGGS 9 MILK	11 MUSTARD 13 SES	AME					

*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE

8 SOYBEANS

10 CELERY

12 LUPIN

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6 NUTS



8

FRESHUKMEAT

FREERANGEEGGS

ORGANICMILK

LOCALFRUIT&VEG

MSCEISH

2 CRUSTACEANS

4 FISH

WHOLEMEALPASTA

INDEPENDENT CATERING .CO.UK

14 SULPHUR DIOXIDE



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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 27 SEPTEMBER	TUESDAY 28 SEPTEMBER	WEDNESDAY 29 SEPTEMBER	THURSDAY 30 SEPTEMBER	FRIDAY 1 OCTOBER
0	Mexican Style Beef with Rice and Nachos (10)	Breaded Chicken Goujons (1, 7)	Roast Pork and Apple Sauce (14)	Curried Chicken Korma with Rice and a Poppadum	Gluten Free Breaded Fish (4)
0	Oriental Mixed Vegetable Noodles (1, 7, 8)	Vegetarian Toad in the Hole (1, 7, 8, 9, 14)	Cheese and Leek Pie (Shortcrust Topping) (1, 9)	Vegetable Cottage Pie	Mixed Bean Parcel (1)
0	Chunky Tomato Pasta (1)	Vegetable Ragu Pasta (1)	Tomato and Basil Pasta (1)	3 Cheese Pasta (1, 9, 11)	Roasted Summer Vegetable Pasta (1)
0	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings
0	Selection of Mexican Salads and Sweetcorn	Potato Wedges, Roasted Butternut Squash and BBQ Mixed Beans	Roast Potatoes, Fresh Carrots and Broccoli	Onion Bhaji and Green Beans	Chips, Baked Beans and Mushy Peas
0	Apple and Berry Crumble with Custard (1, 7, 8, 9)	Strawberry Mousse with a Crunchy Topping (1, 9)	Chocolate Sponge with Chocolate Sauce (1, 7, 8, 9)	Tutti Fruitti Thursday	Orange Oatie Cookie (1)
	AVA	LABLE DAILY - HOMEMADE FLAVO	JRED BREADS • FRUITY YOGHURT	CHEESE AND BISCUITS	
			ALLERGEN KEY		

1 CEREALS CONTAINING GLUTEN	3 MOLLUSCS	5 PEANUTS	7 EGGS	9 MILK	11 MUSTARD	13 SESAME			
2 CRUSTACEANS	4 FISH	6 NUTS	8 SOYBEANS	10 CELERY	12 LUPIN	14 SULPHUR DIOXIDE			
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DUE TO CURRENT SURRY DISKS ALLERCENS MAY BE SURJECT TO CHANCE



Bolognaise Ic Bread Mea 8)	DAY 5 OCTOBER PIZZA DAY at Feast Pizza (1, 8, 9) and Tomato Pizza (1, 8, 9)	WEDNESDAY 6 OCTOBE Roast Chicken Butternut Squash and Carrot Rosti	INCEPENDENTCATERING EDUCATERI IMITED PIRATE DAy	FRIDAY 8 OCTOBER 100% Cod Fishfingers (1, 4) Quorn Dippers with					
Bean Tacos Cheese a	(1, 8, 9) and Tomato Pizza	Butternut Squash and		(1, 4)					
		•		Quern Dippers with					
		Canot tool		a BBQ Sauce (1, 7, 9, 14)					
to Pasta Roaste	ed Pepper Pasta (1)	Chunky Tomato Pasta (1)		Tomato and Basil Pasta (1)					
blackboard for Please see	aked Jacket Potato e our blackboard for ice of toppings	Filled Baked Jacket Pota Please see our blackboard choice of toppings	d for (1, 7, 9) C unky Tomato Pirate Pasta	gg ⁱ ts Filled Baked Jacket Potato Please see our blackboard for choice of toppings					
	tatoes, Chef's Salad Baked Beans	Roast Potatoes, Fresh Carr and Green Beans	Skull and Cross Bones Baked Beans	ge: Chips, Baked Beans and Fruity Slaw (7)					
lincako	te Brownie Cookie Fruit Wedges (1, 7)	Apple Sponge with Custard (1, 7, 8, 9)	B ttom of the Sea Green Sa D ad Mans Shortbread Fing and Salty Dog Ice Cream (1, 9)	ge r					
I	(- HOMEMADE FLAVOUR		HURT • CHEESE AND BISCUITS	1					
AVAILABLE DAILY	ALLERGEN KEY								
AVAILABLE DAILY				13 SESAME 14 SULPHUR DIOXIDE					
	AVAILABLE DAILY	AVAILABLE DAILY - HOMEMADE FLAVOUR AVAILABLE DAILY - HOMEMADE FLAVOUR ATAINING GLUTEN 3 MOLLUSCS 5 PEANUT	Jpcake with Fruit Wedges with Custard 14) (1, 7) (1, 7, 8, 9) AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOG ALLERGEN KEY TAINING GLUTEN 3 MOLLUSCS 5 PEANUTS 7 EGGS 5	Jpcake with Fruit Wedges with Custard and Salty Dog Ice Cream 14) (1, 7) (1, 7, 8, 9) (1, 9) AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS ALLERGEN KEY TAINING GLUTEN 3 MOLLUSCS 5 PEANUTS 7 EGGS 9 MILK 11 MUSTARD					

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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 11 OCTOBER	TUESDAY 12 OCTOBER		WEDNESDAY 13 OCTOBER	THURSDAY 14 OCTOBE	ER	FRIDAY 15 OCTOBER			
0	Mild Chilli Beef with Rice and Nachos (10)	Homemade Sausage Roll (1, 8)	II	Roast Beef with Yorkshire Pudding (1, 7, 9)	Sticky BBQ Chicken (14)		Gluten Free Breaded Fish (4)			
0	Mixed Vegetable Moussaka (1, 9, 11)	Cheese and Onion Whirl (1, 9)	1	Mixed Bean and Vegetable Tagine	Spinach, Sweet Potat and Lentil Curry	O	Chickpea and Coriander Burger			
0	Roast Vegetable Pasta (1)	Chunky Tomato Pasta (1)		Vegetable Bolognaise Pasta (1)	Macaroni Cheese (1, 9, 11)		Arrabbiata Pasta (1)			
0	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings		Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Pot Please see our blackboar choice of toppings		Filled Baked Jacket Potato Please see our blackboard for choice of toppings			
0	Fresh Carrots and Garden Peas	Herby New Potatoes, Fruity Slaw (7) and Green Be	eans	Roast Potatoes, Fresh Broccoli and Cauliflower	Savoury Rice, Roasted Mediterranea Vegetables and Sweetc		Chips, Baked Beans and Mushy Peas			
0	Banana Loaf with Custard (1, 7, 8, 9)	Tutti Fruitti Tuesday		Marble Sponge with Custard (1, 7, 8, 9)	Raspberry Mousse with Fruit Wedges (9)		Chef's Surprise			
AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS										
	ALLERGEN KEY 1 CEREALS CONTAINING GLUTEN 3 MOLLUSCS 5 PEANUTS 7 EGGS 9 MILK 11 MUSTARD 13 SESAME									
	2 CRUSTACEANS		NUTS	8 SOYBEANS 10 CEL			LPHUR DIOXIDE			
	*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING									

WE ONLY USE

FRESHUKMEAT FREERANGEEGGS MSCFISH

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DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

So tente	MONDAY 18 OCTOBER	TUESDAY 19 OCTOBER	WEDNESDAY 20 OCTOBER	THURSDAY 21 OCTOBER	FRIDAY 22 OCTOBER					
0	Mild Beef Curry with Rice and Poppodum	Baked Sausage and Gravy (1, 8)	Roast Beef and Yorkshire Pudding (1, 7, 9)	Chicken Lasagne (1, 9, 11)	Gluten Free Breaded Fish (4)					
0	Veggie Cannelloni Bake (1, 9, 11)	Baked Vegetarian Sausage with Gravy (1, 14)	Cheese and Onion Tart (1, 9)	Spinach, Sweet Potato and Lentil Curry with Rice	Quorn Dippers with a Tomato Sauce (1, 7, 9)					
0	Chunky Tomato Pasta (1)	Fresh Pesto Pasta (1)	Roasted Mediterranean Pasta (1)	Macaroni Cheese (1, 9, 11)	Salmon and Dill Pasta (1, 4, 9)					
0	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings	Filled Baked Jacket Potato Please see our blackboard for choice of toppings					
0	Onion Bhaji and Sweetcorn	Mashed Potato, Fresh Carrots and Green Beans	Roast Potatoes, Fresh Broccoli and Roasted Butternut Squash	Fresh Carrots and Garden Peas	Chips, Baked Beans and Mushy Peas					
0	Apple and Peach Crumble with Custard (1, 7, 8, 9)	Tutti Frutti Tuesday	Marble Sponge and Custard (1, 7, 8, 9)	Lemon Shortbread Finger with Ice Cream (1, 9)	Oatie and Raisin Cookie (1, 14)					
	AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS ALLERGEN KEY									

*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE

7 EGGS

8 SOYBEANS

5 PEANUTS

6 NUTS

9 MILK

10 CELERY

11 MUSTARD

12 LUPIN

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6

FRESHUKMEAT

FREERANGEEGGS



MSCEISH

2 CRUSTACEANS

1 CEREALS CONTAINING GLUTEN

ORGANICMILK

LOCALFRUIT&VEG

3 MOLLUSCS

4 FISH

WHOLEMEALPASTA

INDEPENDENT CATERING .CO.UK

13 SESAME

14 SULPHUR DIOXIDE

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