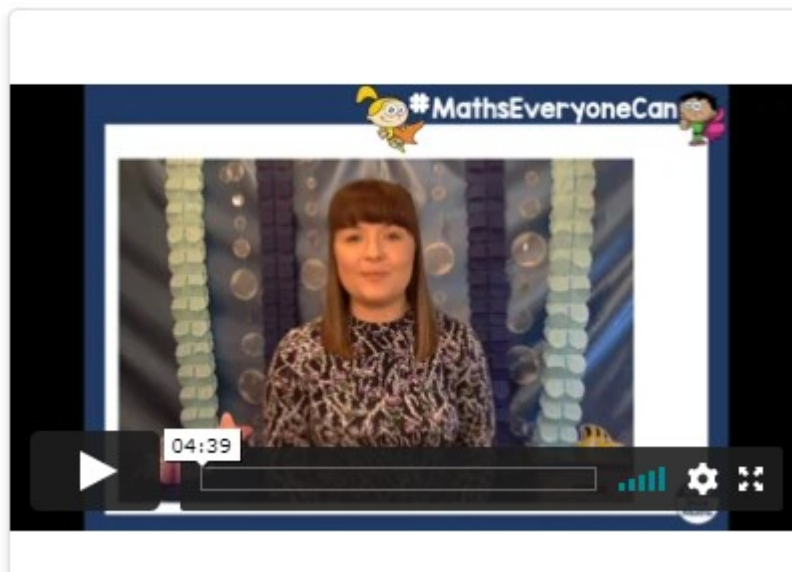


For today's lesson please click [here](#) and select session 5 from 'Alive in 5' week 3. There is also a PDF prompt sheet next to the video that you can use after completing the interactive video lesson. This prompt sheet is also in the grid. We understand that it may be difficult to make the playdough if you do not have all the ingredients.

## Session 5



### No Cook Playdough Recipe

- 2 cups of flour
- $\frac{1}{2}$  cup of salt
- 2 tablespoons of cream of tartar
- 2 tablespoons of oil or baby lotion
- 1 cup of hot water



1. Combine the dry ingredients in a bowl, add the oil or baby lotion and then the water.  
You could also add some food colouring here if you would like a colourful dough.
2. Stir everything together and then knead the dough until you are happy with the consistency.