

Year 6 Newsletter



Monday 18th
May 2020

Dear Eagles and Falcons,

How did you get on with the challenge we set you last time? We are curious as to how many mini apple trees may be developing on windowsills around Godinton!

Hopefully you all had a chance to try some of the mindfulness activities and let your mind focus on the tasks you were doing. We decided to include ourselves in this challenge so...

- ◆ Mrs Clark has been gardening and repotting some plants as well as completing a jigsaw puzzle – you've guessed it, it's a garden scene with birds! It is helping her keep her mind active.
- ◆ Mrs Crowfoot has been completing a Miami skyline jigsaw puzzle and is still wondering where the last piece went (she thinks the dog might have eaten it!). Despite this, it was still relaxing to complete and helped her to focus on something.
- ◆ Mrs Pemberton has been doing some gardening when she can manage to steal some time to herself
- ◆ Mrs Town has been very busy in her garden, creating wonderful things...she has set you a challenge!

[CLICK HERE TO SEE MRS TOWN'S CHALLENGE](#)

Keep working hard on all your tasks. It was lovely to have some emails from your parents, showing us what you have been working on.

Spotlight on... Mrs Pemberton

I was born and grew up in rural Scotland at the end of the 1970's and enjoyed playing in the woods and fields surrounding my parents' house. Here is an early photograph of me! After university, I lived and worked in London for many years. Mr Pemberton and I moved to Ashford 5 years ago when Milla was 2 months old.



Things I love:

Running, cooking, musicals, history, horse riding, hill walking, playing board games and reading.



Walking in the Brecon Beacons

I love hill walking, something that Mr Pemberton and I have done a lot, particularly in Scotland. We still walk now, although, because of the girls the hills are much smaller!



This little puppy has kept us busy over the last 2 weeks!



During lockdown, we have all been out, walking, running and riding our bikes for our daily exercise, as well as playing board games and making dens, in the house and the garden! We have also been growing courgettes, potatoes and peas.

PSHCE Task

More information on the NHS can be found on the Newsround website:

<https://www.bbc.co.uk/newsround/38906932>

Geography / Writing Skills Tasks

These are the resources you will need for your Geography task and the second writing task on this new adventure trail.

[Fairtrade Bananas Information](#)

[Fairtrade Persuasive Writing Tasks](#)

[Fairtrade Persuasion Prompts](#)

[Subjunctive Challenge for Austen Group](#)

Keep up with your Spellings!

Keep up all the good work you have done this year on learning your spellings by continuing. Little and often! Remember all the techniques we learnt for practising them in fun ways.

<https://godinton.kent.sch.uk/curriculum/how-can-i-help-my-child-at-home/>

Look at this document which will remind you of those techniques!

[Spelling techniques help sheet](#)

Wellbeing



On the last newsletter we gave you some suggestions for mindfulness activities that you could do. Don't forget that it is important for your wellbeing that you continue to do these on a regular basis. If you are worried or anxious, these types of activities will help to calm and relax you. Additional activities to support with worries and anxiety can be found on the imoves website: <https://imoves.com/the-ovement> - scroll to the bottom of the homepage for the resources.

Newsround also has help and advice available for you if you are worried or concerned about anything that you see on the news:

<https://www.bbc.co.uk/newsround/52156671>

<https://www.bbc.co.uk/newsround/13865002>

<https://www.bbc.co.uk/newsround/51887051>

Let's Get Talking!

At the moment, there is a distinct lack of new and interesting news for us all to discuss and we are not getting out and about as much to do the things we enjoy. Some families are also spending more time together than usual. Our challenge for you, at some point in the next two weeks, is to get chatting. This might be with your immediate family at home or with your wider family (aunts, uncles, grandparents, cousins etc.) on video or voice calls. There are some ideas below to get you started, but you might be able to think of your own ideas for conversation starters. You could sit together after dinner, before bedtime or at the weekend and ditch the mobiles, tablets, laptops and TV for a while!

What can we talk about?

What is your first memory?

If you could invite someone famous to tea, who would it be?

What sounds do you really dislike?

If you made a movie about your life, which actor or actress would play the lead role?

How similar is your childhood to others in your family? (What they did in their free time, what music was like, what dinners they ate, what TV shows they loved, what they learnt at school...)

Would you rather have a sneaky peek 100 years into the past or future?