

## Muslim Prayer Sheet

<https://www.bbc.co.uk/bitesize/clips/z4gkæf>

<https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks2-prayer-in-islam/zjndxyc>

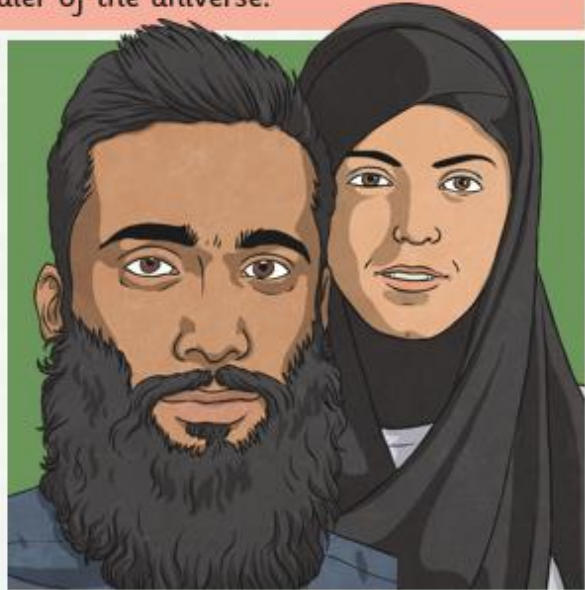
[https://www.youtube.com/watch?v=aQ2ARpY9\\_rl](https://www.youtube.com/watch?v=aQ2ARpY9_rl)

In Islam there is a key principal belief, which is that there is only one God. Muslims call their God Allah (which is the Arabic word for God). Muslims believe Allah is the only ruler of the universe.

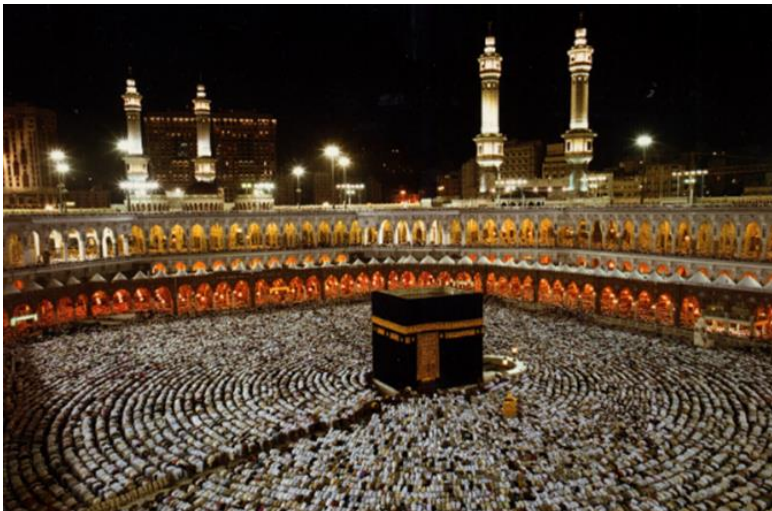


Muslims then have 6 main beliefs. These are:

1. Belief in Allah as the one and only God.
2. Belief in angels.
3. Belief in the holy books.
4. Belief in the prophets (special messengers) and that Muhammad was the final prophet.
5. Belief in the Day of Judgement (the day when Allah decides if a person goes to Heaven or Hell).
6. Belief in predestination (the belief that Allah has already planned out what will happen).



### Mecca/Makkah



**Mecca** or **Makkah** is the birthplace of prophet Muhammad, peace is on him. In the centre of the mosque in Mecca, the cube-shaped building called a **Kaaba** (Ka'bah) is found. All Muslims face the direction of the Kaaba during ritual prayer (Salat).

Muslims believe that the Kaaba is the holiest place on earth. It is generally thought to have been built by Prophet Abraham. It is used only as a focal point for prayer (not worshiped) and simply signifies a direction, imposed by God to maintain unity and uniformity among worshippers.

The Kaaba is draped with a black cloth, which is covered with Koranic verses that are embroidered in gold and silver thread. During performing the Hajj ceremony, a Muslim walks seven times around the Kaaba and then he or she kisses and touches the Black Stone.

Every Muslim family, no matter where they live, knows what direction the Kaaba is from their house.

(The Kaaba is also called Bakka )

## Wudu/ Cleansing



The prophet, peace be upon him, said 'cleanliness is half of faith'. Wudhu is the ritual washing performed by Muslims before prayer. Muslims must be clean and wear good clothes before they present themselves before God.

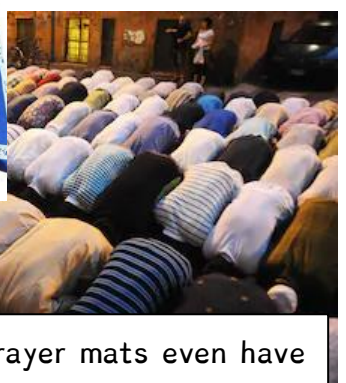
## House of worship – Mosque



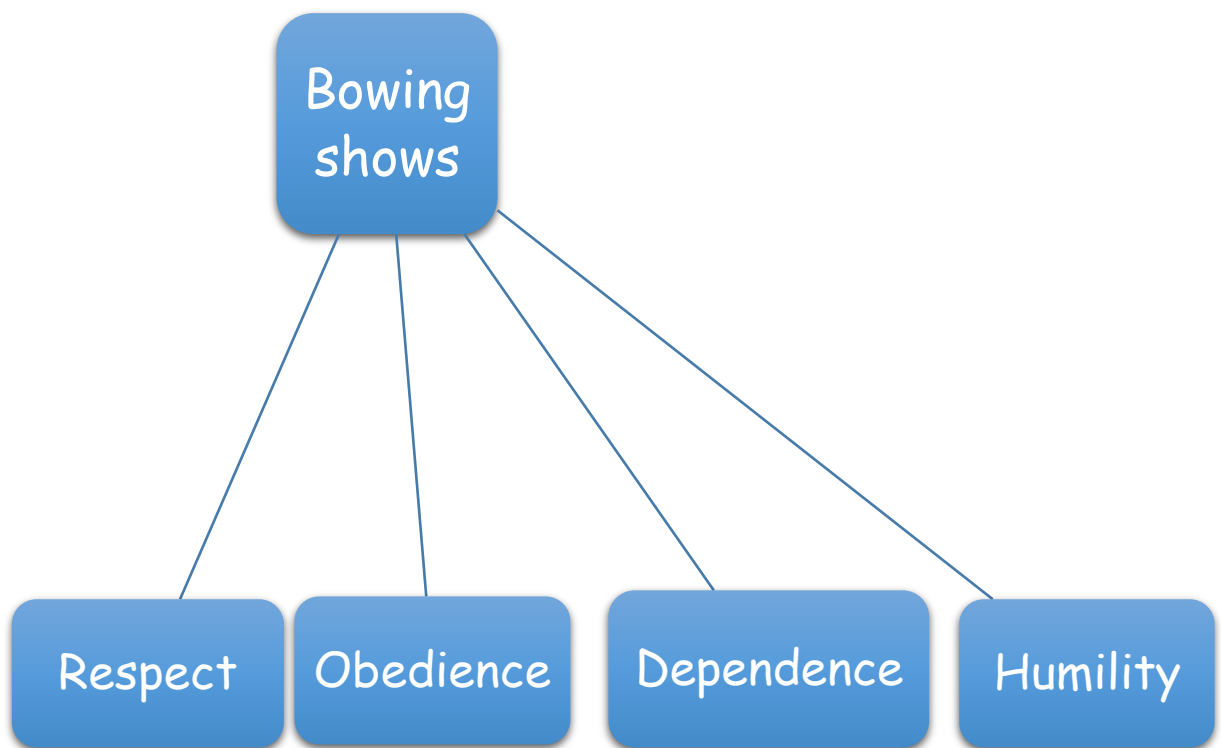
The Importance of mosques is for imparting proper Islamic worship and knowledge. A **mosque** is generally a very symbolic place for a Muslim, being a humble way for Muslims to recreate pure divine presence on Earth. The main use of the **mosque** is to serve as a place where Muslims can come together for prayer.

## Prayer Mats – ("sajada,")

During Islamic prayers, worshippers bow, kneel and prostrate on the ground in humility before God. The only requirement in Islam is that prayers be performed in an area that is clean. Prayer rugs are not universally used by Muslims, nor specifically required in Islam. But they have become a traditional way for many Muslims to ensure the cleanliness of their place of prayer and to create an isolated space to concentrate in prayer.



Some prayer mats even have a compass.



It shows humility in front of God/Allah.

It shows respect for God/Allah.

It reminds Muslims that they are dependent upon God.

This helps a Muslim be obedient to God.

Muslims pray 5 times a day and it takes about 10 minutes.

**Men** should pray at mosques whenever possible.

**Ladies** do not have to go to mosques, they are encouraged to pray in their homes.

Once a **Muslim** reaches 10 years of age, they must start to pray.